

Environment, Well Being and Healthy Lifestyle

Conference programme 19th November 2008

Location Best Western Stoke on Trent Moat House, Festival Park, Stoke on Trent, ST1 5BQ

All sessions are in the Maypole Ballroom unless otherwise stated.

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| 09:15 | Registration and coffee | |
| 10:00 | Introduction | Jon Fairburn , Institute for Environment, Sustainability and Regeneration, Staffordshire University |
| 10:10 | Keynote 1 | Craig Myers , Larissa Lockwood, , Anna Coote; Sustainable Development Commission <i>Health, place and nature: how outdoor environments influence health and well-being - a knowledge base</i> |
| 10:40 | Keynote 2 | Chris Gordon ; Natural England - <i>Utilising Accessible Natural Greenspace Standards in Practice</i> |
| 11:20 | Parallel session 1: a. Toolkits and methodologies Chair: Dr Charlie Foster, Oxford University | Hanneke Kruize , Irene van Kamp, Lieke Dreijerink; National Institute for Public Health and the Environment, the Netherlands - <i>Integrating environmental health in spatial planning: developing a tool for Dutch policymakers</i> Judy Barrow (Raploch Urban Regeneration Company), Sheila Beck (NHS Scotland), Yvette Christopher (IOM), et al; greenspace scotland - <i>Health impact assessment of green space: a guide</i> |
| | b. Using local environments to improve the health of vulnerable groups Earl of Granville Room Chair: Dr Marc Jones, Staffordshire University | Rosie Day ; University of Birmingham - <i>Urban local environments and the well-being of older residents</i> Jo Peacock and Jules Pretty; University of Essex - <i>Assessing natural environments and green spaces improves psychological health of people experiencing mental distress</i> |
| 12:20 | Lunch and poster session | |
| 13:30 | Keynote 3 | Rachel Davey , Tom Cochrane, Chris Gidlow, Graham Smith and Jon Fairburn; Staffordshire University - <i>Social Ecological Mapping of Physical Activity Behaviours and Health Outcomes in Deprived Inner-city Communities</i> |

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| 14:00 | <p>Parallel session 2: a. Natural environments and mental health.</p> <p>Earl of Granville Room</p> <p>Chair: Prof. Sarah Grogan, Staffordshire University</p> | <p>Hugh McNish (Forestry Commission Scotland). Neil Wilson (Glasgow Psychosocial Services), Russell Jones (Glasgow Centre for Population Health), et al; - <i>Branching out - ecotherapy for mental health patients</i></p> <p>Liz O'Brien; Social and Economic Research Group, Alice Holt Lodge - <i>Why woodlands contribute to people's health and well-being</i></p> |
| | <p>b. Human environments and well being</p> <p>Chair: Prof John Dover, Staffordshire University</p> | <p>Teresa Nash, Denise Forte, Mark Martin, et al; Kingston University and St George's University of London - <i>Heritage2Health: supporting access to heritage sites for vulnerable individuals and communities</i></p> <p>Helen Beck, CABE Space - <i>Exploring the links between the quality of public space, well-being and health</i></p> |
| 15:00 | Refreshment break | |
| 15:15 | Keynote 4 | <p>Andy Jones; University of East Anglia - <i>What does the future hold? New technologies for understanding activity-promoting environments.</i></p> |
| 15:45 | Closing remarks | Jon Fairburn , Staffordshire University |
| 16:00 | Conference close | |

To register for the conference, please complete the booking form

Conference administrator Christine Dover c.j.dover@staffs.ac.uk 01782 294110, IESR, Mellor Building, Staffordshire University, College Road, Stoke on Trent, ST4 2DE

Conference fee £95.

Pay before September 30th and the fee is £85.

Conference website www.staffs.ac.uk/iesr/conf08