

## Environment, Well Being and Healthy Lifestyle

### Conference programme 19<sup>th</sup> November 2008

Location Best Western Stoke on Trent Moat House, Festival Park, Stoke on Trent, ST1 5BQ

All sessions are in the Maypole Ballroom unless otherwise stated.

09:15	<b>Registration and coffee</b>	
10:00	<b>Introduction</b>	<b>Jon Fairburn</b> , Institute for Environment, Sustainability and Regeneration, Staffordshire University
10:10	<b>Keynote 1</b>	<b>Craig Myers</b> , Larissa Lockwood, , Anna Coote; Sustainable Development Commission <i>Health, place and nature: how outdoor environments influence health and well-being - a knowledge base</i>
10:40	<b>Keynote 2</b>	<b>Chris Gordon</b> ; Natural England - <i>Utilising Accessible Natural Greenspace Standards in Practice</i>
11:20	<b>Parallel session 1:</b> <b>a.</b> Toolkits and methodologies  Chair: Dr Charlie Foster, Oxford University	<b>Hanneke Kruize</b> , Irene van Kamp, Lieke Dreijerink; National Institute for Public Health and the Environment, the Netherlands - <i>Integrating environmental health in spatial planning: developing a tool for Dutch policymakers</i>  <b>Judy Barrow</b> (Raploch Urban Regeneration Company), Sheila Beck (NHS Scotland), Yvette Christopher (IOM), et al; greenspace scotland - <i>Health impact assessment of green space: a guide</i>
	<b>b.</b> Using local environments to improve the health of vulnerable groups  <b>Earl of Granville Room</b>  Chair: Dr Marc Jones, Staffordshire University	<b>Rosie Day</b> ; University of Birmingham - <i>Urban local environments and the well-being of older residents</i>  <b>Jo Peacock</b> and Jules Pretty; University of Essex - <i>Assessing natural environments and green spaces improves psychological health of people experiencing mental distress</i>
12:20	<b>Lunch and poster session</b>	
13:30	<b>Keynote 3</b>	<b>Rachel Davey</b> , Tom Cochrane, Chris Gidlow, Graham Smith and Jon Fairburn; Staffordshire University - <i>Social Ecological Mapping of Physical Activity Behaviours and Health Outcomes in Deprived Inner-city Communities</i>

14:00	<b>Parallel session 2:</b> <b>a. Natural environments and mental health.</b>  <b>Earl of Granville Room</b>  Chair: Prof. Sarah Grogan, Staffordshire University	<b>Hugh McNish</b> (Forestry Commission Scotland). Neil Wilson (Glasgow Psychosocial Services), Russell Jones (Glasgow Centre for Population Health), et al; - <i>Branching out - ecotherapy for mental health patients</i>  <b>Liz O'Brien</b> ; Social and Economic Research Group, Alice Holt Lodge - <i>Why woodlands contribute to people's health and well-being</i>
	<b>b. Human environments and well being</b>  Chair: Prof John Dover, Staffordshire University	<b>Teresa Nash</b> , Denise Forte, Mark Martin, et al; Kingston University and St George's University of London - <i>Heritage2Health: supporting access to heritage sites for vulnerable individuals and communities</i>  <b>Helen Beck</b> , CABE Space - <i>Exploring the links between the quality of public space, well-being and health</i>
15:00	<b>Refreshment break</b>	
15:15	<b>Keynote 4</b>	<b>Andy Jones</b> ; University of East Anglia - <i>What does the future hold? New technologies for understanding activity-promoting environments.</i>
15:45	<b>Closing remarks</b>	<b>Jon Fairburn</b> , Staffordshire University
16:00	<b>Conference close</b>	

To register for the conference, please complete the booking form

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Conference fee £95.

Pay before September 30<sup>th</sup> and the fee is £85.

Conference website [www.staffs.ac.uk/iesr/conf08](http://www.staffs.ac.uk/iesr/conf08)